

Is CDC+ for Me?

Do you want the **control** and **flexibility** to live more independently by choosing how and when you purchase your goods or services?

Do you want to be **responsible** for recruiting, hiring, and firing your workers and service providers?



What is a budget plan?



The CDC+ budget plan is a monthly plan that lists your workers, your vendors and the services

you have hired them to provide. You may also purchase certain items with cash, and you may have a savings plan for larger purchases.

How do I pay my employees?

A Fiscal/Employer Agent (F/EA) holds your monthly Medicaid funds in an individual account very like your checking account. The F/EA pays your employees and vendors according to the rates listed on your budget plan. The F/EA also pays federal and state taxes for you.

What is a consultant?

A CDC+ consultant is trained to help you develop your budget plan and assists you when you have questions about the program. After you are trained, your consultant will call you once a month to talk with you about your services. In some cases, your consultant will be your current case manager.

How do I apply for CDC+?

Currently, we are taking applications. In order to see if you qualify, please call the CDC+ toll free number to speak with a program specialist: **1-866-232-3733**



Consumer-Directed Care Plus
4040 Esplanade Way, Suite 335
Tallahassee, Florida 32399-7000

Toll free CDC+ number:
(866) 232-3733



CONSUMER-DIRECTED CARE PLUS (CDC+)

Your Life Your Way



What is Consumer-Directed Care?



Consumer-Directed Care Plus (CDC+) is a Medicaid program that gives you the opportunity to

hire workers and vendors to help with your daily care needs such as bathing, dressing, housecleaning and cooking. Your workers may even be your family members or friends.



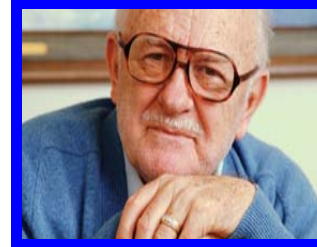
In order to be eligible for CDC+, you must be receiving services from the Aged/Disabled Adult Waiver (ADA waiver) or the Traumatic Brain and Spinal Cord Injury Waiver (TBI/SCI waiver).

Living your life your way



CDC+ consumers make purchases and receive services to maintain their independence and avoid the need to go to a nursing home or other long-term care facility. Some services you might receive are:

- Help with cleaning, laundry, meal preparation and other household chores
- Help with bathing, hair washing, dressing, bladder and bowel care
- Home repairs and maintenance
- Companion services
- Non-medical transportation
- Pest control and yard work
- Installation of ramps or grab bars
- Emergency alert response and maintenance
- Consumable medical supplies such as nutritional supplements



Who Will Help Me?

You will have a trained CDC+ consultant to assist you, but you may also choose a representative to manage your budget plan for you and help you make decisions regarding your care.



Your representative may be a family member or a close friend. You may also call the CDC+ program to request assistance at **1-866-232-3733**.

“Having the personal consultant is great. I know I’m costing the agency less than half the amount (it cost to buy supplies before the program), but I get more for the money as far as product goods and hours of service, so that’s wonderful.”

A Typical CDC+ Success Story

Lilly is an 82-year-old woman who lives alone in a mobile home park. She loves her home, but it's becoming increasingly difficult to live on her own because of her health problems.



Lilly knew she needed some help, so she enrolled in Florida's CDC+ program. She likes being able to hire her own workers; she has some friends who work for her, and she has made new friends with some of her new workers.



A good portion of her \$837 monthly budget goes toward over-the-counter medications and health care supplies. She's also used the money to fix her roof and have her windows washed.

Lilly feels safe and happy to be able to stay in her home. And she even thinks her health problems are a little bit better.